



Hospice Caring, Inc.

# 2017 Annual Report

July 1, 2016 - June 30, 2017

301-869-4673 | [www.HospiceCaring.org](http://www.HospiceCaring.org)

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Dear Friend of Hospice Caring,

As we think back over the past year, our hearts fill with gratitude and pride for the incredibly meaningful work of our volunteers and staff on behalf of people with life-threatening illnesses and those who are grieving the death of loved ones. This Annual Report demonstrates some of the ways in which Hospice Caring impacts residents of Montgomery County, MD, each and every day. You will see in the later pages of this report that the breadth and scope of our services continue to grow, as do the numbers served by each program. Additionally, here is a list of other noteworthy organizational accomplishments in 2017:

- Awarded the Maryland Nonprofit Seal of Excellence
- Created a series of videos for parents of grieving children, including one video that is fully in Spanish
- Developed and implemented a new program, Family Nights
- Listed in the Catalogue of Philanthropy: Greater Washington
- Selected by the Hospice Foundation of America as a screening site for PBS's FRONTLINE film, Being Mortal

As we move forward, we will continue updating our strategic plan to ensure that every initiative keeps Hospice Caring relevant, responsive, and accessible for the people we serve. Thank you for your continued support and for the trust you have placed in Hospice Caring to care for the residents of our community.

Most Sincerely,



Nancy Richardson

Nancy Richardson, RN  
Chair, Board of Directors



Allison Stearns

Allison K. Stearns, LCPC, MPH  
Executive Director

# Volunteer Helping Hands

Volunteer Helping Hands, Hospice Caring's patient and family caregiving program, offers short-term, practical, social and emotional support for people of all ages with a serious illness and no reasonable prospect of a cure.

Services include but are not limited to: companionship and emotional support, assistance with household tasks, respite care, patient advocacy, and limited transportation to appointments.

**119 patients and 209 family members were served this year.**

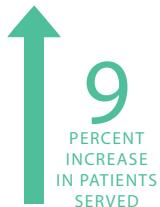
**Patients received an average of 16 visits each.**



100% of patients reported that visits from volunteers helped them feel less isolated.



100% of family caregivers reported that volunteer visits provided helpful respite time.



Hospice Caring is licensed by the state of Maryland as a Limited Hospice Care Program. We supplement General Hospice Care Programs and support patients who are still pursuing curative treatment as well as those who do not have a six month or less prognosis.

**"It was unbelievable. (The volunteer) was able to speak Spanish and help with my questions. My mother loved her."** - Family Member

# Adult Bereavement Support

Bereavement support groups, facilitated by trained volunteers, allow participants to meet others who are also grieving, share their stories, and learn from one another. The agency also offers an annual community-wide memorial ceremony called Tree of Love, where participants support one another and remember their loved ones.

**102 people attended 18 Adult Bereavement Groups this year.**

**84 community members attended our Tree of Love ceremony.**



90% of participants reported that they gained new coping strategies to use in their daily life.



100% of participants reported their grief was not as intense as it was before joining the group.



- Support Groups:**
- Adult Child Loss
  - Grandchild Loss
  - Parent Loss
  - Photography & Remembrance
  - Sibling Loss
  - Spousal/Partner Loss
    - under age 50
    - ages 50-70
    - ages 70+
  - Suicide Loss

**“It has been a lifeline and has helped me get through last year. The support I received is invaluable.”** - Group Member

# Camp Erin© Montgomery County

This weekend overnight camp for grieving children is part of a national network of Camp Erin programs. The camp serves children and teens, ages 6-17, and offers age-appropriate discussions and creative, fun-filled activities designed to help children share their feelings with peers who have had similar experiences. Camp Erin Montgomery County is a partnership between Hospice Caring, the Moyer Foundation, and Bar-T.



**71 children and youth, ages 6-17, were served over TWO Camp Erin weekends.**



84% of campers reported that they have new tools to help them with their grief.



93% of campers reported that Camp Erin helped them talk about their feelings.



**“They supported me as though they were my family.” - Camper**

# Good Grief Club

These seven-week support groups help children, grades K-12, to explore their feelings, develop healthy coping strategies, and find comfort and safety in learning that they are not alone. These groups are facilitated by trained Hospice Caring volunteers in partnership with Montgomery County Public Schools, independent schools, and other community-based organizations.

**261 students, grades K-12, attended Good Grief Clubs this year.**



93% of participants reported that the group helped them feel less alone.



98% of high school participants reported that the group enabled them to identify friends, family and other adults they can turn to for support.



88% of elementary participants reported that they developed new coping tools to use in difficult times.



**“I feel like a whole new person now.”** - Good Grief Club Member

# Family Nights - New Program!

Hospice Caring's Family Nights are designed for families who have experienced the death of a loved one. Each workshop is held prior to a major holiday so families can learn coping tools, plan for how to handle celebrations, and mark the absence of their loved ones. Following activities, families are invited for dinner and to enjoy conversations with one another.

**20 families comprised of 21 adults and 35 children participated in four Family Nights.**



94% of the parents who attended Family Nights reported that they learned new ways to handle difficult times, such as family celebrations and holidays.



100% of the children who attended Family Nights reported that they learned new ways to handle difficult times, such as family celebrations and holidays.



**"No one has ever been interested in giving us as much support as we received today."** - Parent

# Community Education

Our Community Education program works to raise awareness and better equip people to address end-of-life and grief-related issues. We host an educational series called Seasons of Caring, teach lessons on loss and grief in schools, offer continuing education (CEU) workshops for professionals, and facilitate dialogue on relevant topics in the community.

**1,913 community members and professionals attended workshops and trainings this year.**

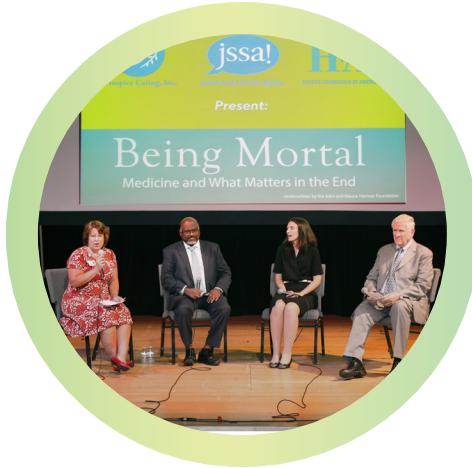


90% of Seasons of Caring attendees reported that they would apply what they learned in the session.



92% of Seasons of Caring attendees reported that the workshop was culturally appropriate.

↑  
18 PERCENT INCREASE IN ATTENDANCE



Hospice Caring, in partnership with JSSA, was selected by the Hospice Foundation of America as a screening site for PBS's FRONTLINE film, [Being Mortal](#), as part of a national public awareness campaign. 512 people attended our screenings.

**"Terrific film and discussion.  
There's so much value in sharing."** - Participant

# Volunteers Add Value

Hospice Caring's services are delivered by screened and trained volunteers, all of whom receive ongoing guidance, continuing education and supervision. Agency operations and fundraising are also supported by volunteers.

# 14,828

Hospice Caring leveraged 14,828 hours of volunteer support, the equivalent of seven full time staff.

# \$397,242

\$317,496\* is the monetary value of volunteer hours in fiscal year 2017.



# 60%

Our operating budget would grow by 60% if it included the monetary value of volunteer time.



\*Based on information from independentsector.org

**"It is the honor and privilege of my life to be a part of this organization."** - Volunteer

# Fundraiser Highlights

**September 2016** - Silver Linings Gala honoring Pam Hard, the Kay family, Shulman Rogers, and Jacquie Tennant

**October 2016** - BOWL-A-THON sponsored by Shulman Rogers

**December 2016** - Barnes & Noble Gift Wrapping

**February 2017** - Concert for Caring featuring the Bobby Lewis Blues Band

**May 2017** - Raise Your Glass Wine Tasting at the home of The Honorable Jeffrey Z. Slavin  
- Cut-A-Thon at Salon Red to Benefit Hospice Caring



**“The warmth and love you and your organization provides is priceless.”** - Donor

# Financial Highlights

Fiscal year July 1, 2016 – June 30, 2017

## Revenues

Grants, Awards & Donations	\$383,383	44.7%
Special Events	\$360,458	42%
In-kind Contributions	\$112,910	13.1%
Earned Income	\$ 1,826	.2%
Total Revenue	\$858,577	

## Expenses

Program Services	\$700,062	82%
Management & General	\$ 94,885*	11.1%
Fundraising	\$ 58,616**	6.9%
Total Expense	\$853,563**	

When needed, Hospice Caring uses funds from its investment accounts to support operations.

\*For every \$100 in expenses, \$82.02 is spent on programs

\*\*Includes in-kind and depreciation expenses

13.1% In-kind Contributions  
.2% Earned Income

44.7% Grants, Awards & Donations

REVENUES

42% Special Events

11.1% Management & General  
6.9% Fundraising

EXPENSES

82% Program Services

## ASSETS, LIABILITIES & NET ASSETS

### Statement of Financial Position Summary

As of June 30, 2017

Total Assets	\$3,584,417
Liabilities	(\$ 34,447)
Net Assets	\$3,549,970

## Accountability

Maryland Nonprofits has recognized Hospice Caring, Inc. with the Standards for Excellence designation. Organizations receiving Standards for Excellence recognition have been carefully evaluated and found to consistently model high professionalism in their self-regulation of ethical and accountability practices.

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Hospice Caring provides caring, compassionate, practical and high-quality, non-medical support services, without charge, to Montgomery County adults and children facing a life-threatening illness or grieving the death of a loved one.

## **Our Vision**

Hospice Caring envisions a community that accepts death as a part of life; where the processes of dying and grieving are embraced without stigma; where everyone has access to support services without charge; and where no patient dies alone and no one grieves without support.



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